

The Chickadee's Guide to Gardening

How to Create Habitat for Birds in Urban Settings

Desirée L. Narango, PhD

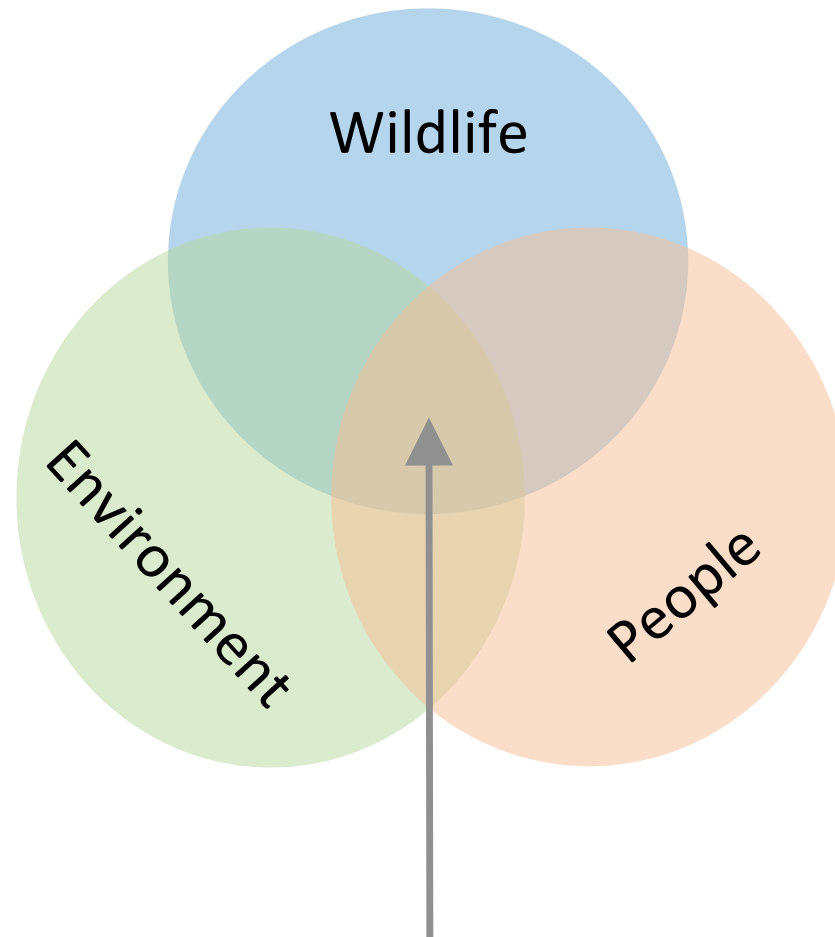


ADVANCED SCIENCE
RESEARCH CENTER
THE GRADUATE CENTER
CITY UNIVERSITY OF NEW YORK



@DLNarango





**Interaction Ecology &
Conservation
in Human-dominated Systems**



718 m

Google



?

?

?

?

718 m

Google



Urban Green Space



**Residential Gardens:
>50% of urban
greenspace**

Loram et al. 2017



Dr. Douglas Tallamy
University of Delaware



Dr. Peter Marra
Smithsonian
Migratory Bird Center



Smithsonian Conservation
Biology Institute



To plant native or nonnative species?

Goddard et al. TREES 2010

Avolio et al. 2018, Ecological Monographs





Can we strategically plant productive urban trees to improve wildlife habitat?



Why does
plant identity
matter?



Monarch



**>90% of plant-eating
insects are specialists
to some degree**



Double-toothed Prominent

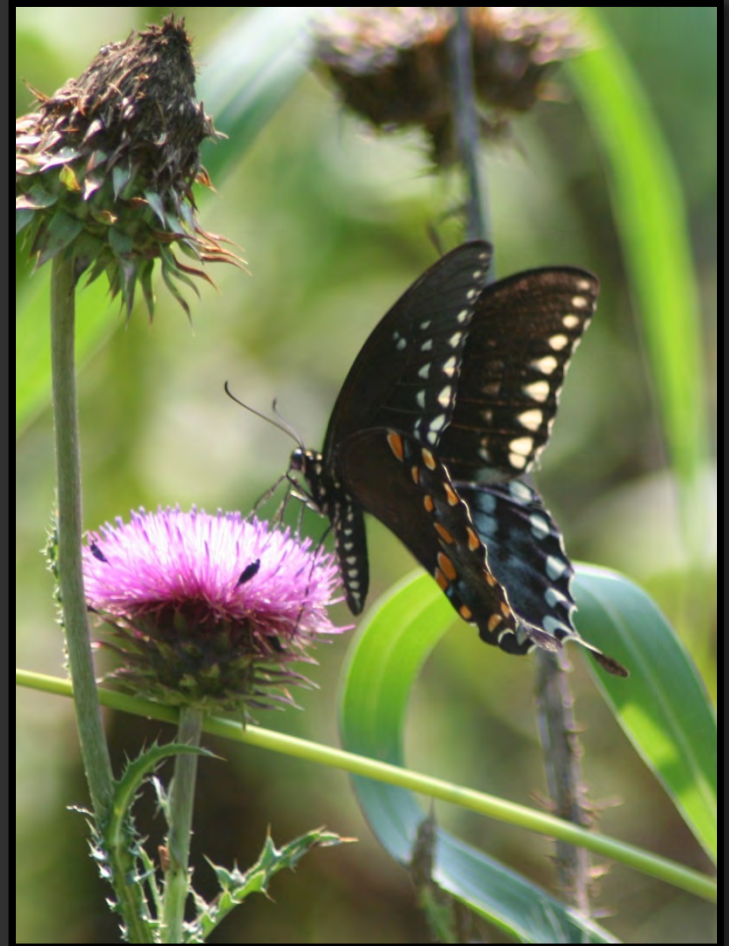


Hackberry Emperor

Celtis occidentalis
(Hackberry)

Spicebush Swallowtail

Lindera benzoin (Spicebush)
Sassafras albidum (Sassafras)





Juniper Hairstreak

Juniperus virginiana
(Red Cedar)

Eastern Tiger Swallowtail

Liriodendron (Tuliptree)
Prunus (Cherry),
Ptelea (Hoptree)
and more





Snowberry Clearwing

Symphoricarpos (Snowberry)

Viburnum

Lonicera (Honeysuckle)

Imperial Moth

Pinus (Pine),
Quercus (Oak),
Acer (Maple),
Liquidambar (Sweet gum)



How many caterpillar species are in Massachusetts?



How many caterpillar species are
in Massachusetts?

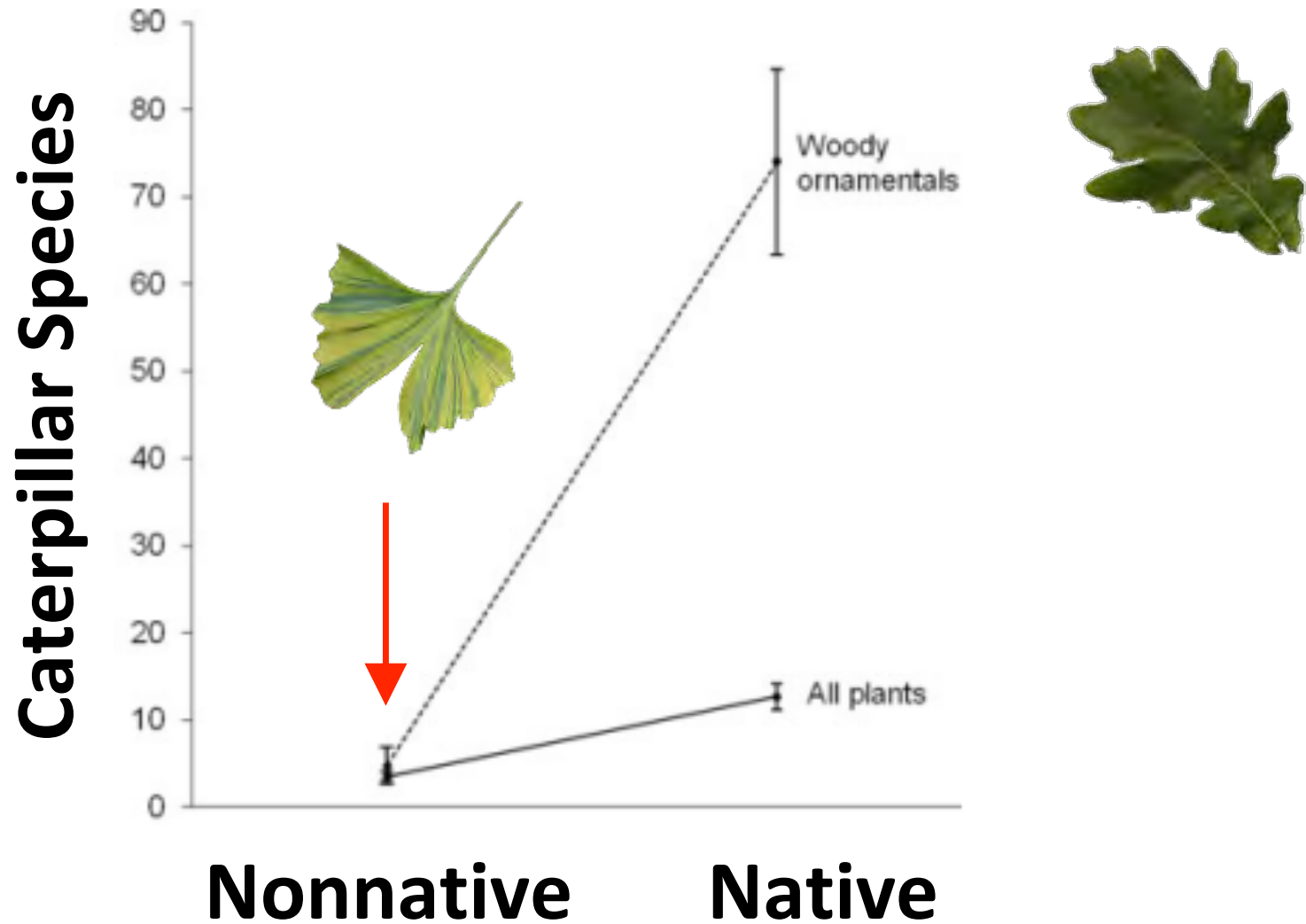
At least 2249!!

26% only feed on 1 plant
70% are <5 plants



Native Woody Plants Support more Caterpillar Diversity than Nonnative

Tallamy and Shropshire, 2009



Nonnative plants support:

Lower herbivore diversity

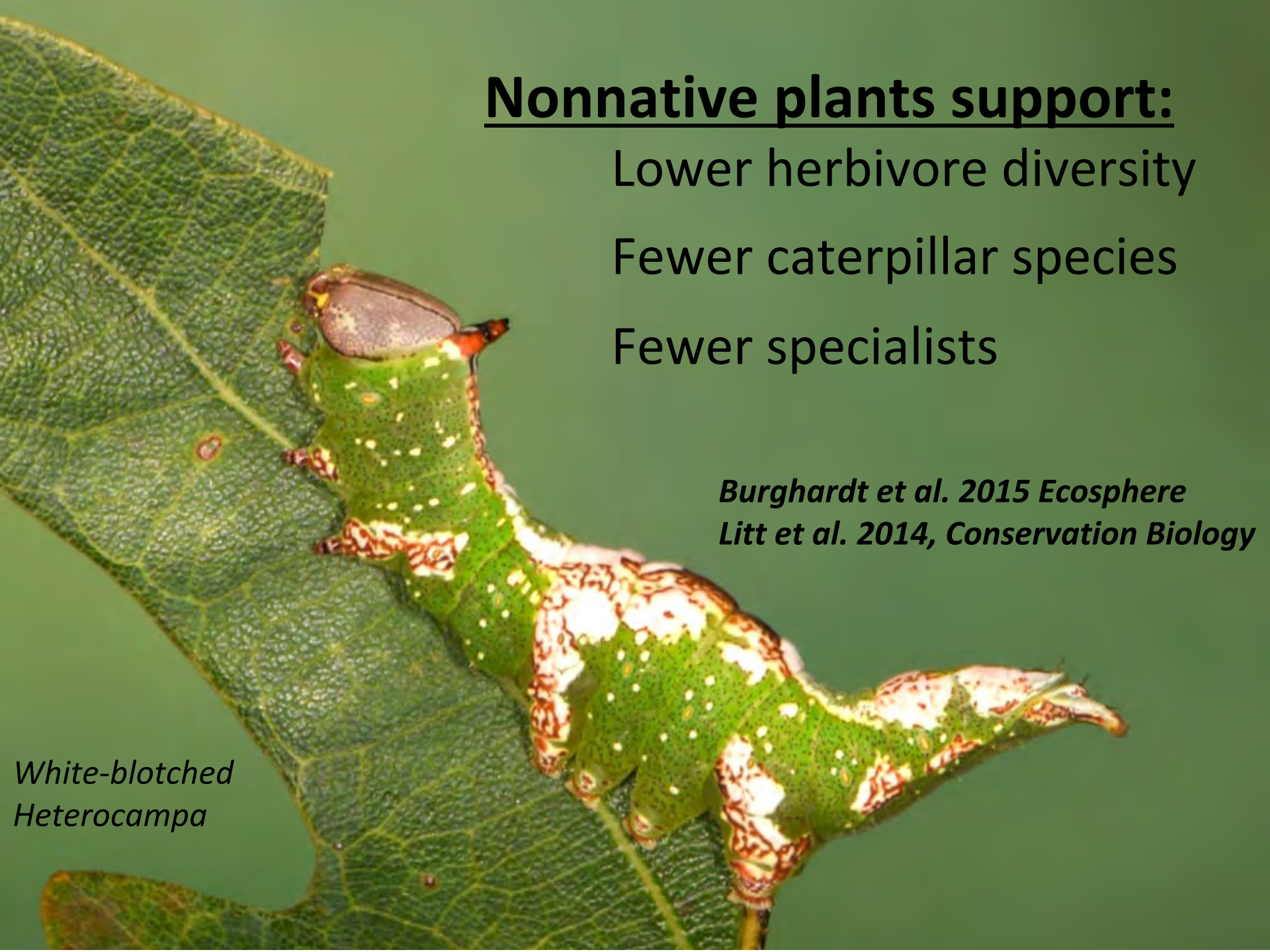
Fewer caterpillar species

Fewer specialists

Burghardt et al. 2015 Ecosphere

Litt et al. 2014, Conservation Biology

*White-blotched
Heterocampa*



Quercus (Oak) - 477
Prunus (Cherry) - 415
Salix (Willow) - 406
Betula (Birch) - 397
Populus (Aspen) - 338



Ginkgo - 6
Ailanthus - 4
Styrax (Snowbell) - 1
Zelkova - 0
Cryptomeria - 0

Not so
important

Very
Important!

Quercus (Oak)

Salix (Willow)

Prunus (Cherry)

Pinus (Pine)

Populus (Aspen)

Betula (Birch)

Carya (Hickory)

Acer (Maple)

Alnus (Alder)

269 other genera



Network Analysis:
83 counties,
25 US states

Narango et al. in prep

Are other insects plant specialists?

Are other insects plant specialists?



True Bugs



Beetles



Bees!



**>30% of native bees are specialists
(85 specialist species in New England)**

Salix (Willows) – 14 species

Cornus (Dogwood) – 4 species

Ilex (Hollies) – 2 species

Cercis (Redbud) – 1 species

Ericaceae

(Rhododendron, Laurel) – 4 species



Cornus florida
Flowering Dogwood



Andrena fragilis
Fragile Dogwood Bee

Lots of evidence that birds benefit from trees



 OPEN ACCESS  PEER-REVIEWED

RESEARCH ARTICLE

Street trees reduce the negative effects of urbanization on birds

João Carlos de Castro Pena  , Felipe Martello , Milton Cezar Ribeiro , Richard A. Armitage , Robert J. Young ,
Marcos Rodrigues 

Article metrics are
unavailable at this time.
Please try again later.

Why does
plant identity
matter?



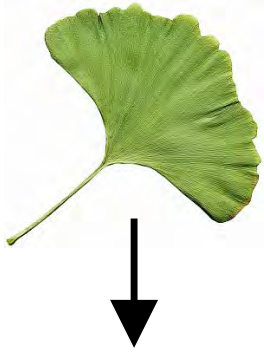
Birds eat
Insects





How do nonnative plants affect birds in residential landscapes?

How do nonnative plants affect birds in residential landscapes?



Food Availability?



Individual Decisions?



**Population
consequences?**



**Habitat
Quality?**



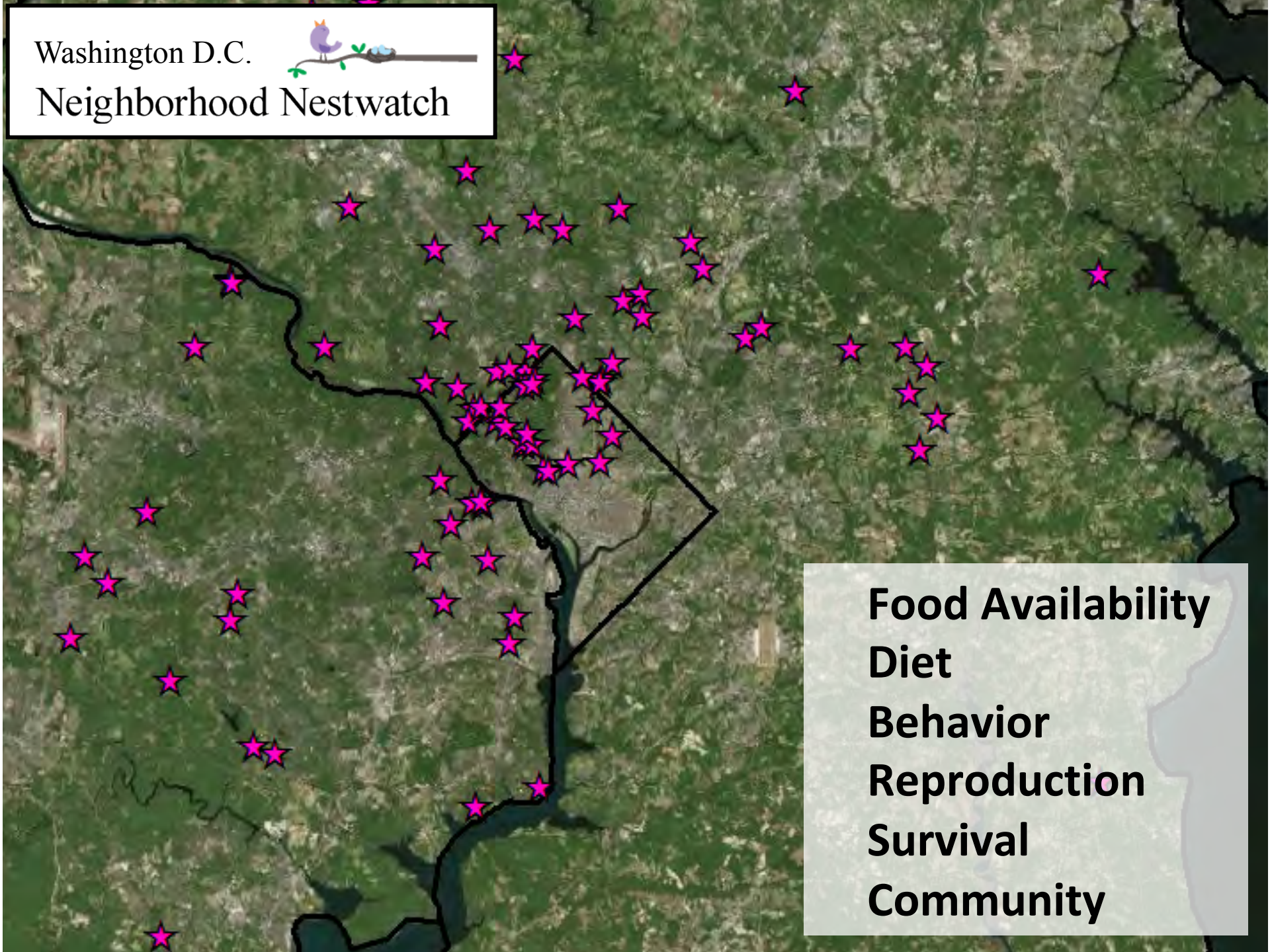
Washington D.C.
Neighborhood Nestwatch



Washington D.C.



Neighborhood Nestwatch



Food Availability
Diet
Behavior
Reproduction
Survival
Community

Washington D.C.

Neighborhood Nestwatch



Smithsonian

- 18 years of Urban/Suburban Ecology
- Food Web Project 2013-2016
- >275 yards in DC/MD/VA
- www.neighborhoodnestwatch.weebly.com



Carolina Chickadee



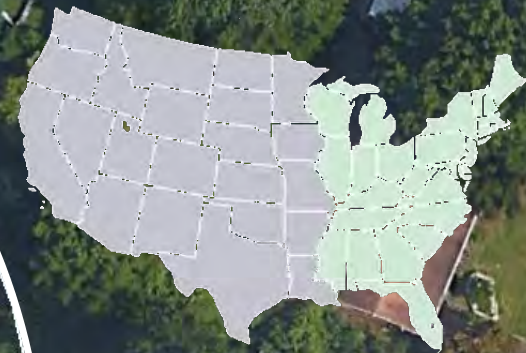
“Bird of Truth”





Modified i-Tree plots

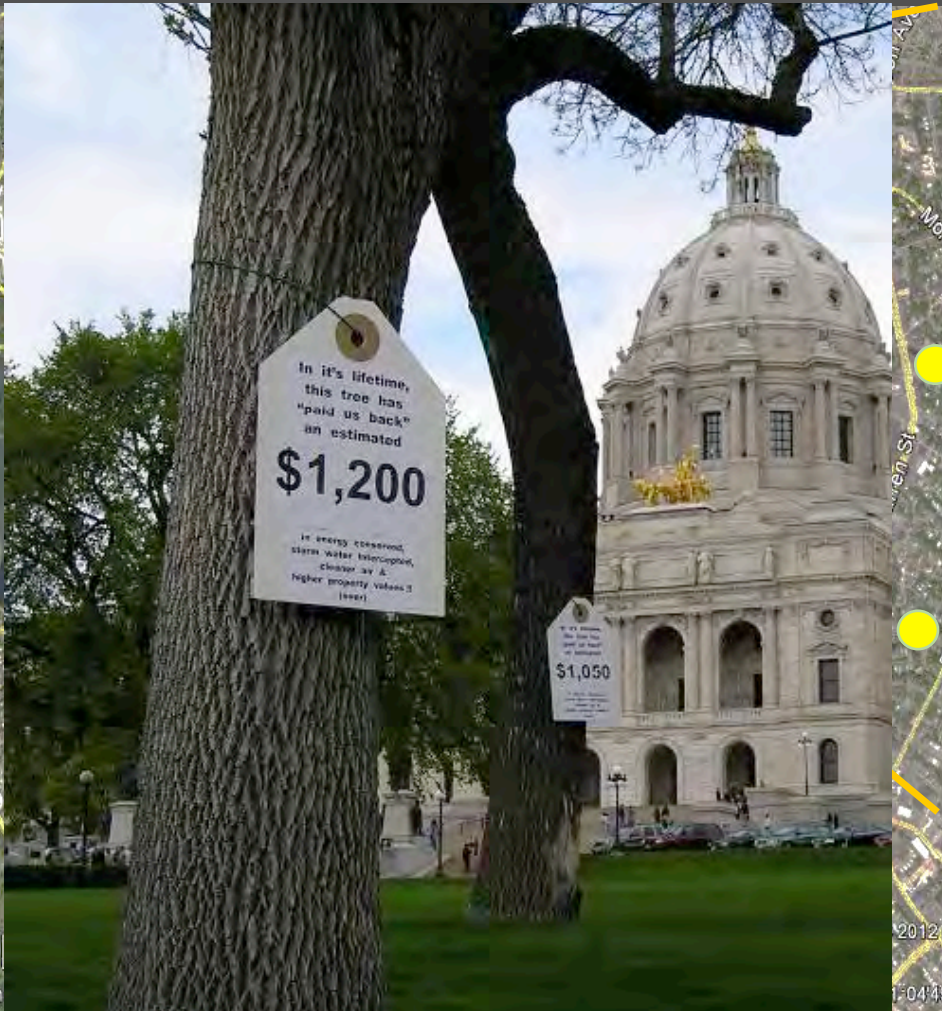
Importance values



36 m

Google earth

iTree: www.itreetools.org



Forest Structure

- Impervious surface / buildings
- Maintained grass
- Shrub density
- Tree density
- Tree height
- Tree species
- Canopy cover
- Tree condition
- Basal area
- Forest area
- Ecosystem Services



Is All of 'Subirdia' the Same?

>350 different woody plant species; 74 families

Average diversity: 29 ± 10 woody plant species per site

% Nonnative: <1% - 99%





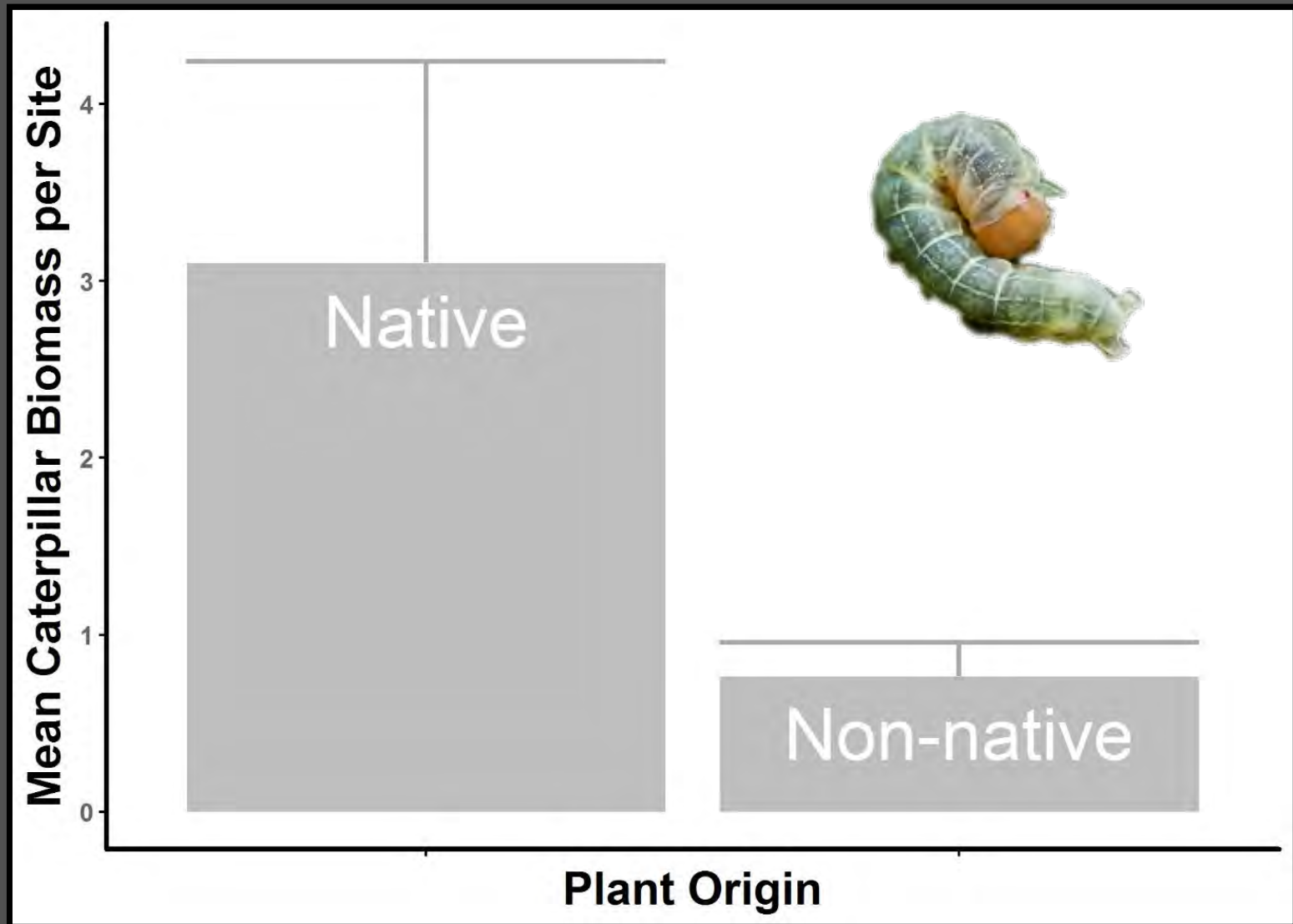




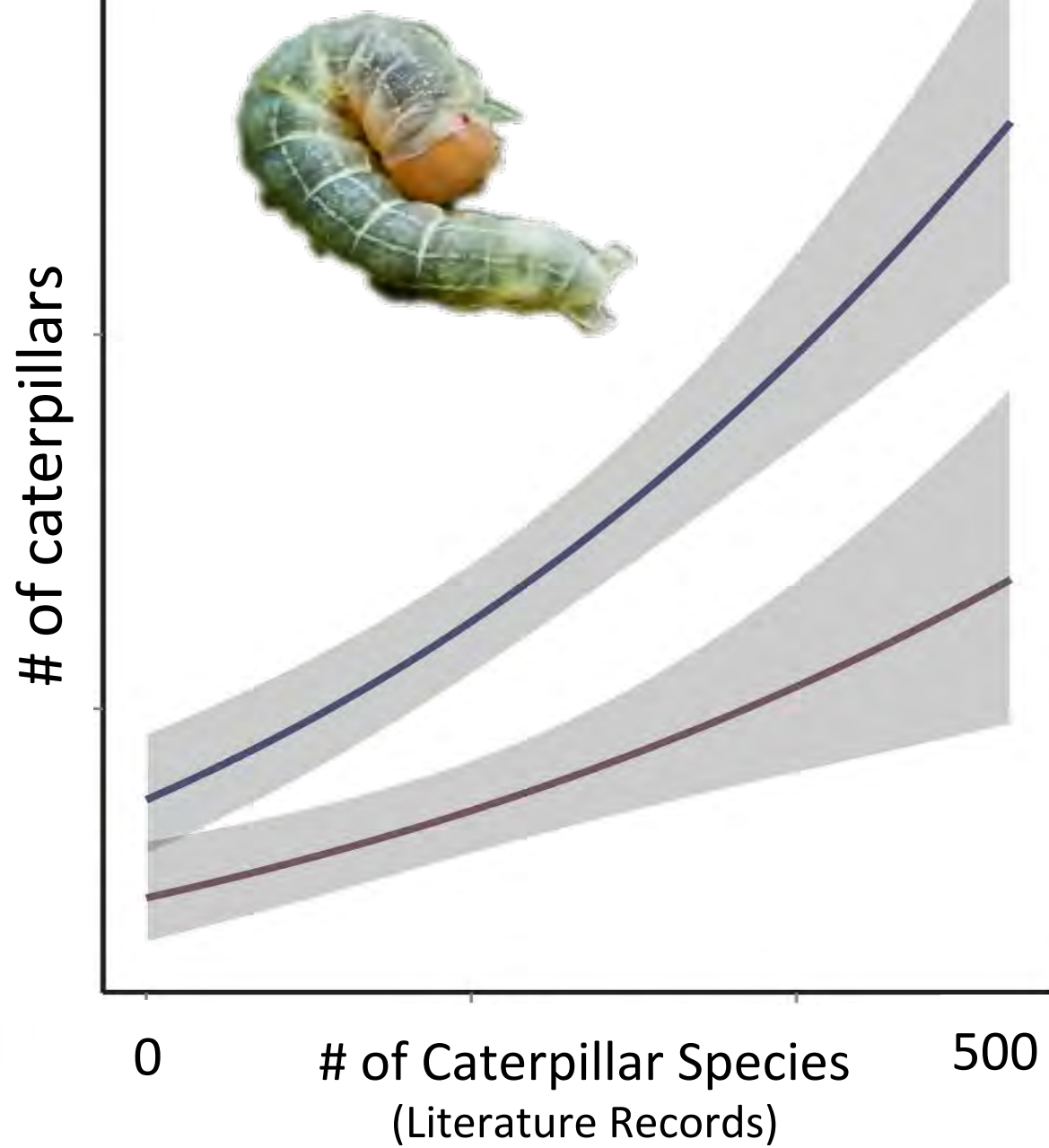


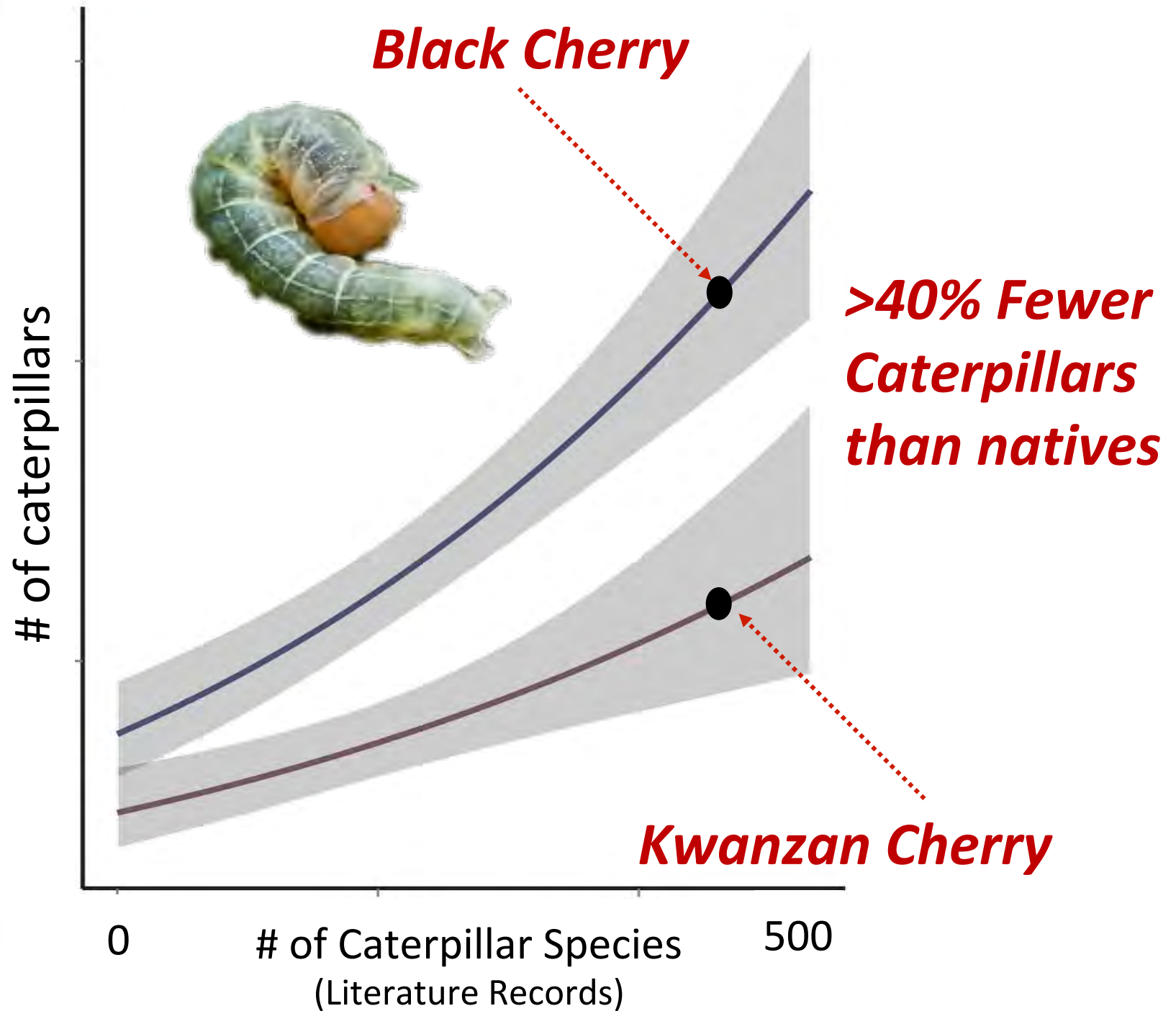
**Do native trees have more
food for birds?**

Narango, et al. 2017, Biological Conservation



**Native Trees Have More Caterpillars and
Higher Biomass**







??

**Do chickadees prefer
native trees?**

Narango, et al. 2017, Biological Conservation



Let the chickadees
tell us what trees
they like!

**Blue/Yellow,
Aluminum**





Nest Location

1. American Elm (*Ulmus americana*)
2. Oaks (*Quercus* sp.)
3. Black Cherry (*Prunus serotina*)
4. Black Locust (*Robinia pseudoacacia*)
5. Black Walnut (*Juglans nigra*)



0 25 50 Meters

Chickadees Prefer Native Trees for foraging



Tree Preference

20
15
10
5
0

Origin
— Native
- - Non-native

of Caterpillar Species

0
Zelkova

532
Quercus

Chickadees Prefer Native Trees for foraging



Tree Preference

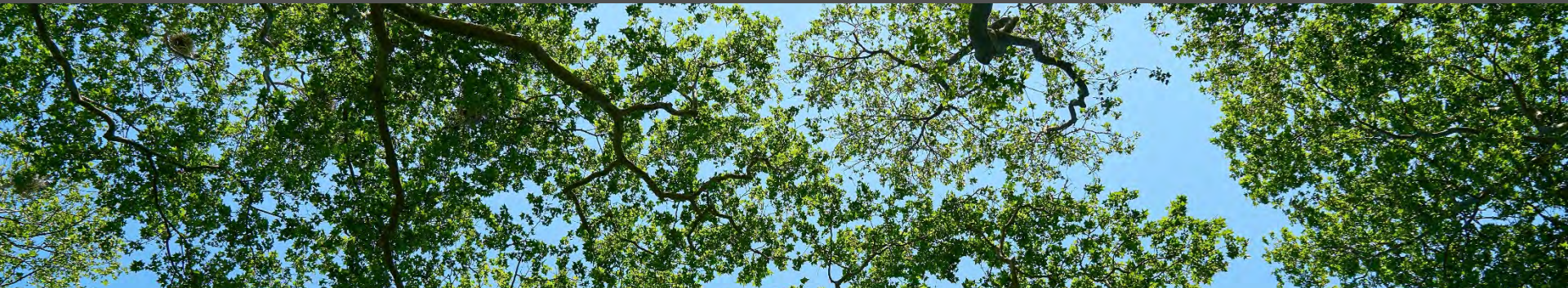
Origin
— Native
- - Non-native

*Most
Nonnative
Trees*

0 532
Zelkova # of Caterpillar Species *Quercus*

Trees that support the most caterpillars, support the most bird foraging

1. Native *Quercus* (Oak) – 557 caterpillar sp.
2. Native *Acer* (Maple) – 297 caterpillar sp.
3. Native *Prunus* (Cherry) – 456 caterpillar sp.
4. Native *Ulmus* (Elm) – 215 caterpillar sp.
5. Native *Carya* (Hickory) – 235 caterpillar sp.

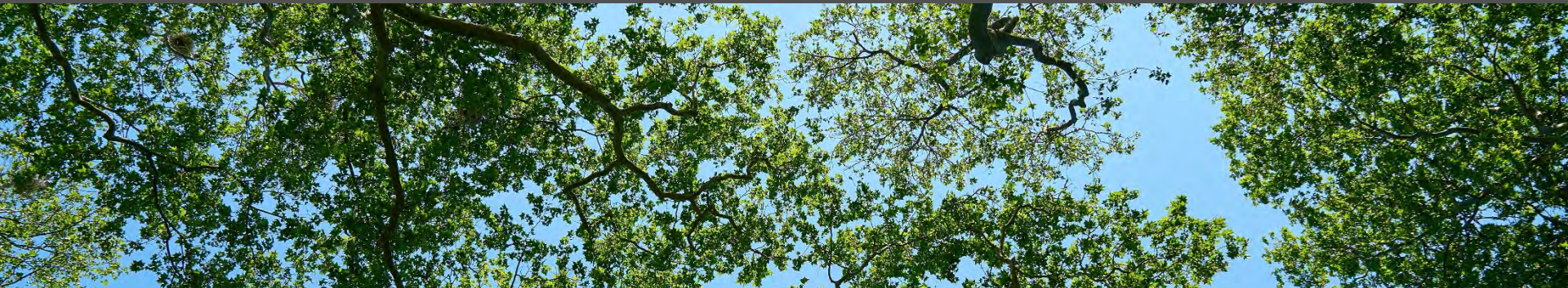


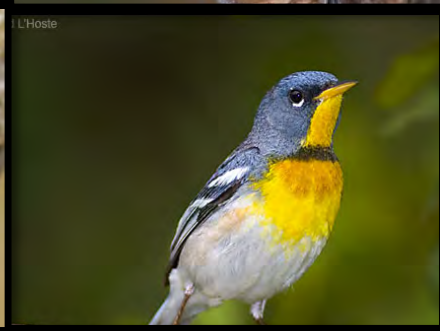
Trees that support the most caterpillars, support the most bird foraging

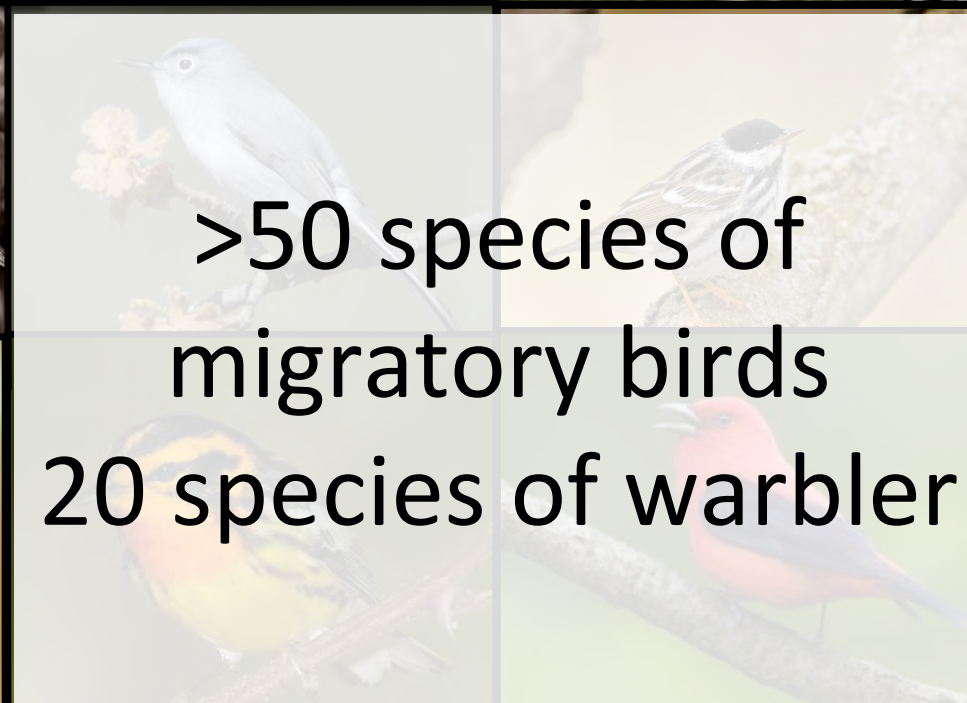
Prunus, 456 spp., Singer et al., 2012, American Naturalist

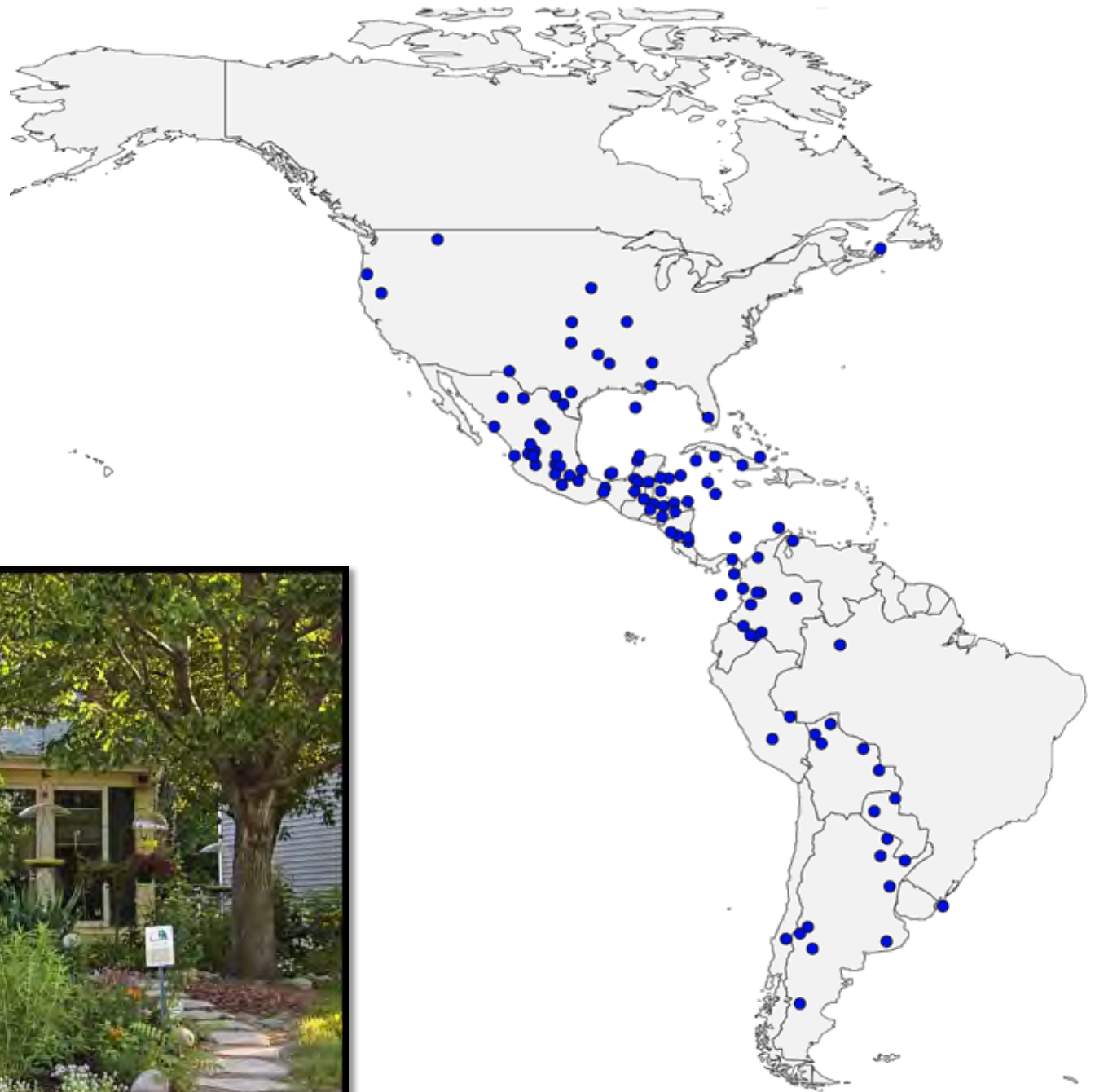
Betula, 411 spp., Holmes & Robinson, 1981; Oecologia

Quercus, 532 spp., Wood et al., 2012, Forest Ecology Management









Take Home

Nonnative trees have less insect food

Chickadees strongly prefer native trees for foraging

Caterpillar richness can be a proxy for bird preference

Narango et al. Biological Conservation



Bring your garden to life.

Find Native Plants



Find Butterflies



My List



[https://www.nwf.org/
NativePlantFinder](https://www.nwf.org/NativePlantFinder)

How many
caterpillars does it
take to make a nest
of chickadees?



Photos by D. Tallamy

Lots!



390-570
caterpillars
per day
(Brewer
1961)

Chickadees
feed their
young for
16 days
before they
fledge.



What if they
can't find
that many?





?
?

**Are there consequences when
nonnative trees are abundant?**

How to monitor populations?

Reproduction +
Adult Survival +
Juvenile Survival

Population growth

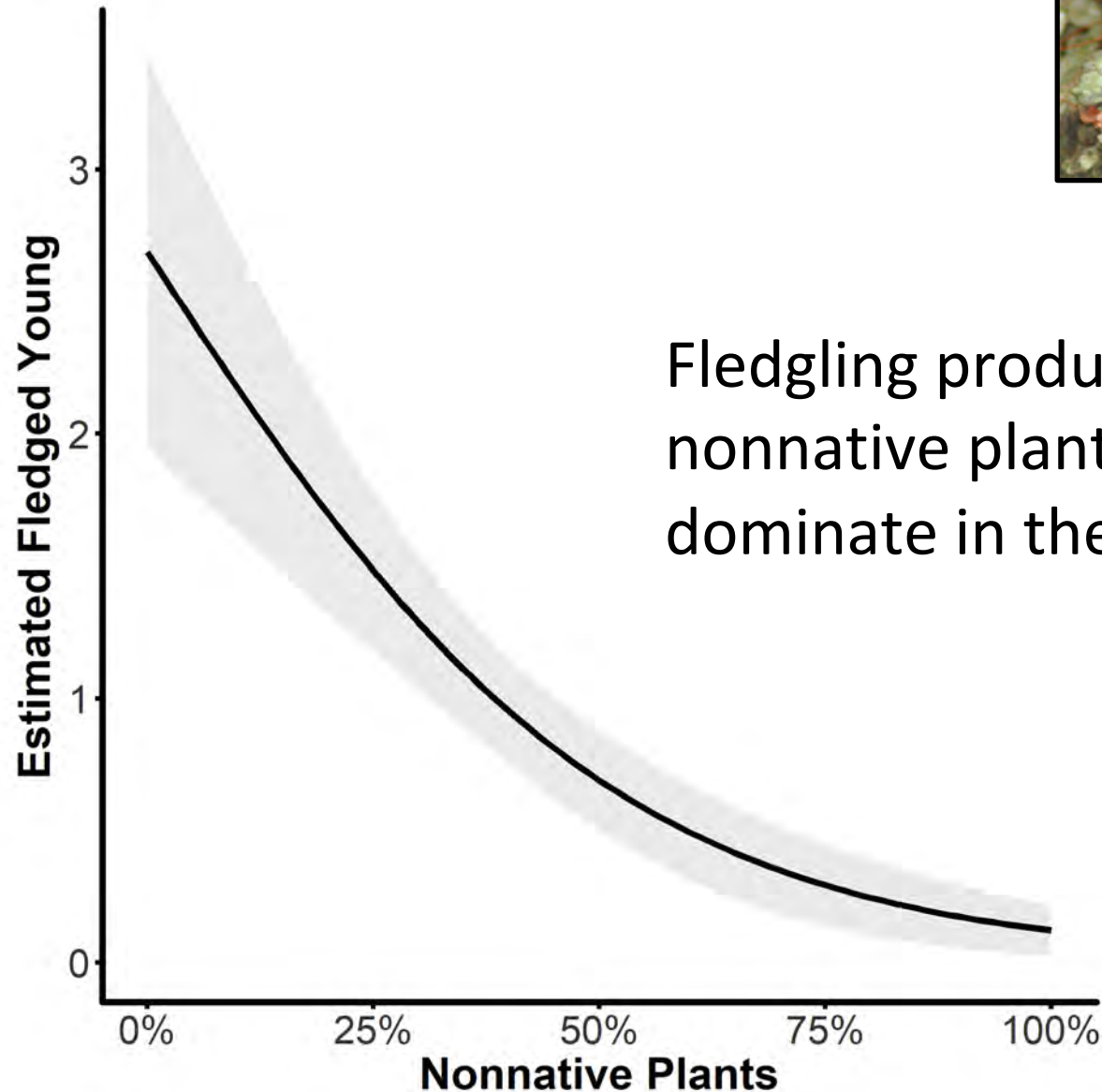


Compared to yards landscaped with native trees, yards with nonnative trees.....

- Chickadees were less likely to occupy
- Chickadees were less likely to breed
- They lay (modestly) fewer eggs
- Their nests are less likely to survive
- They fledge fewer young



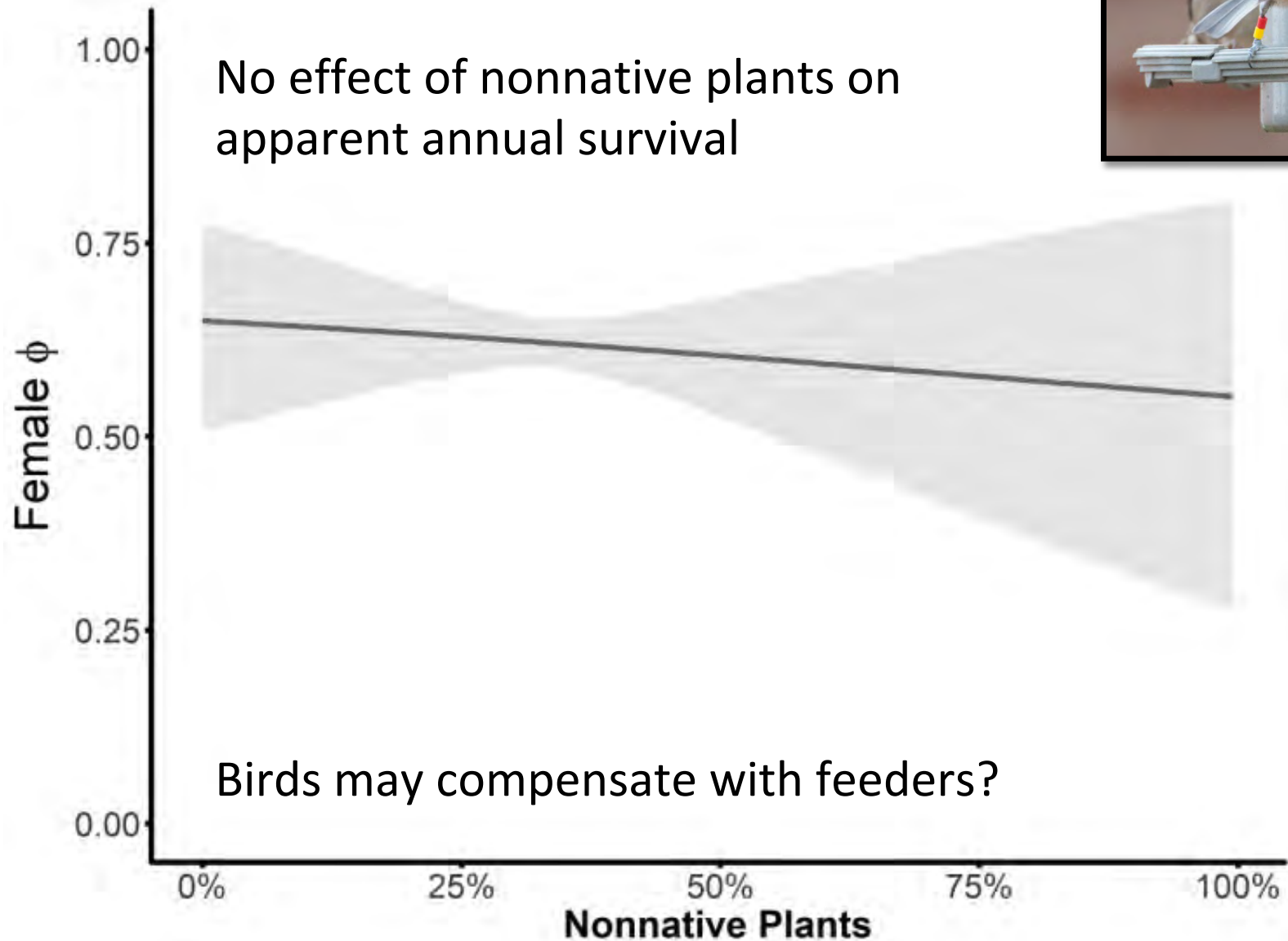
Reproduction



Fledgling production declines as nonnative plants become more dominate in the yard

Adult Survival

No effect of nonnative plants on
apparent annual survival



Birds may compensate with feeders?



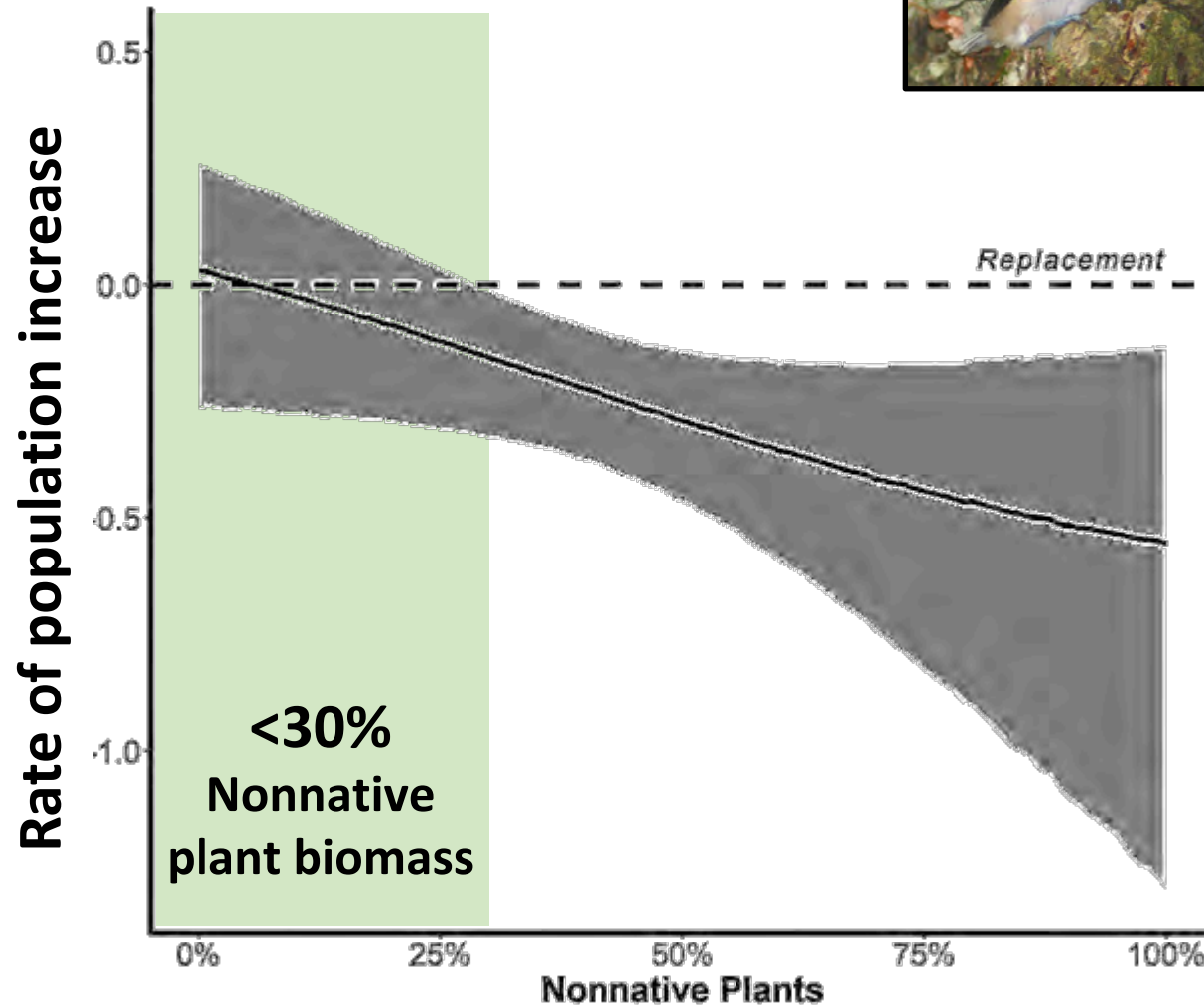
Juvenile Survival



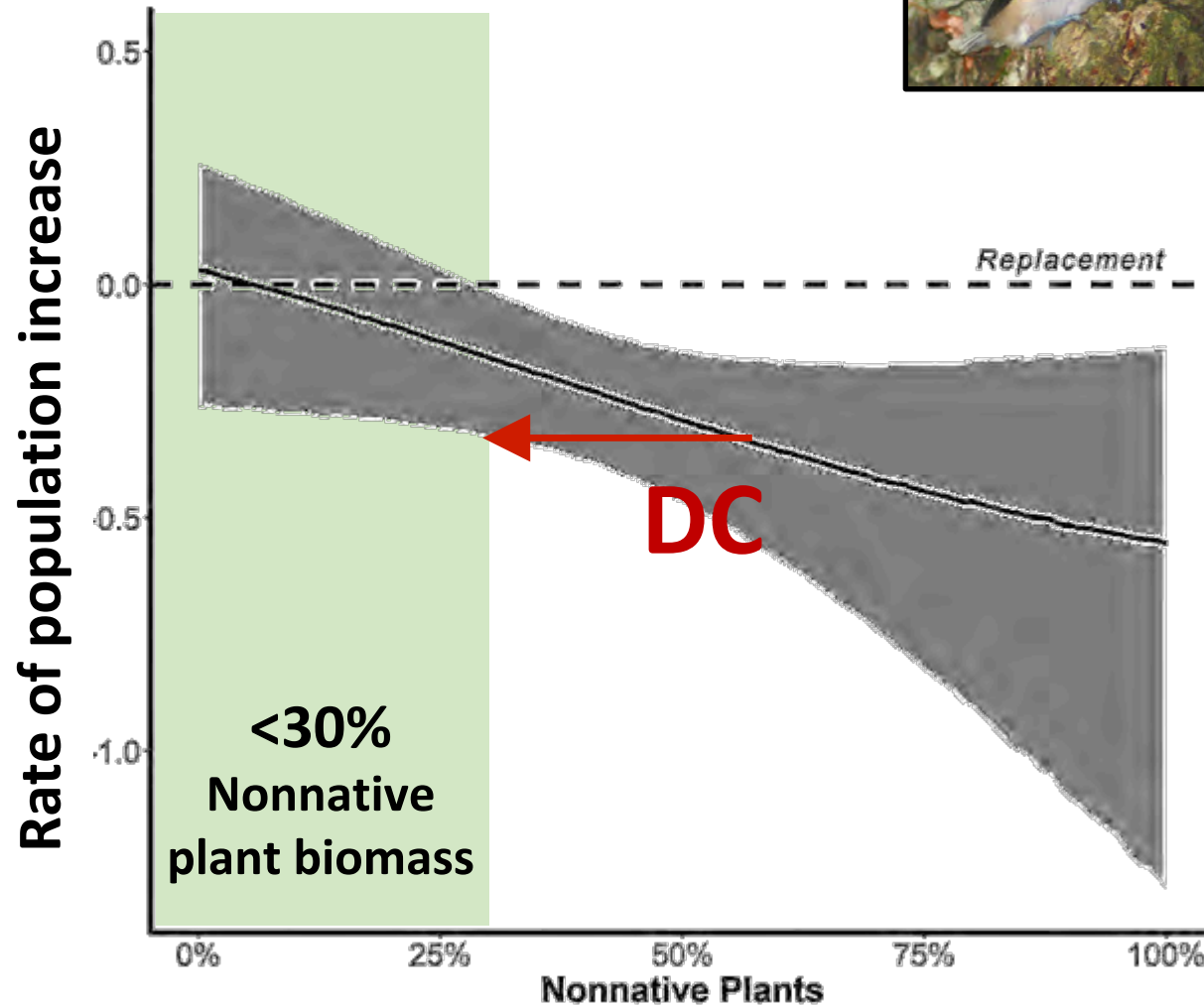
Juvenile Survival



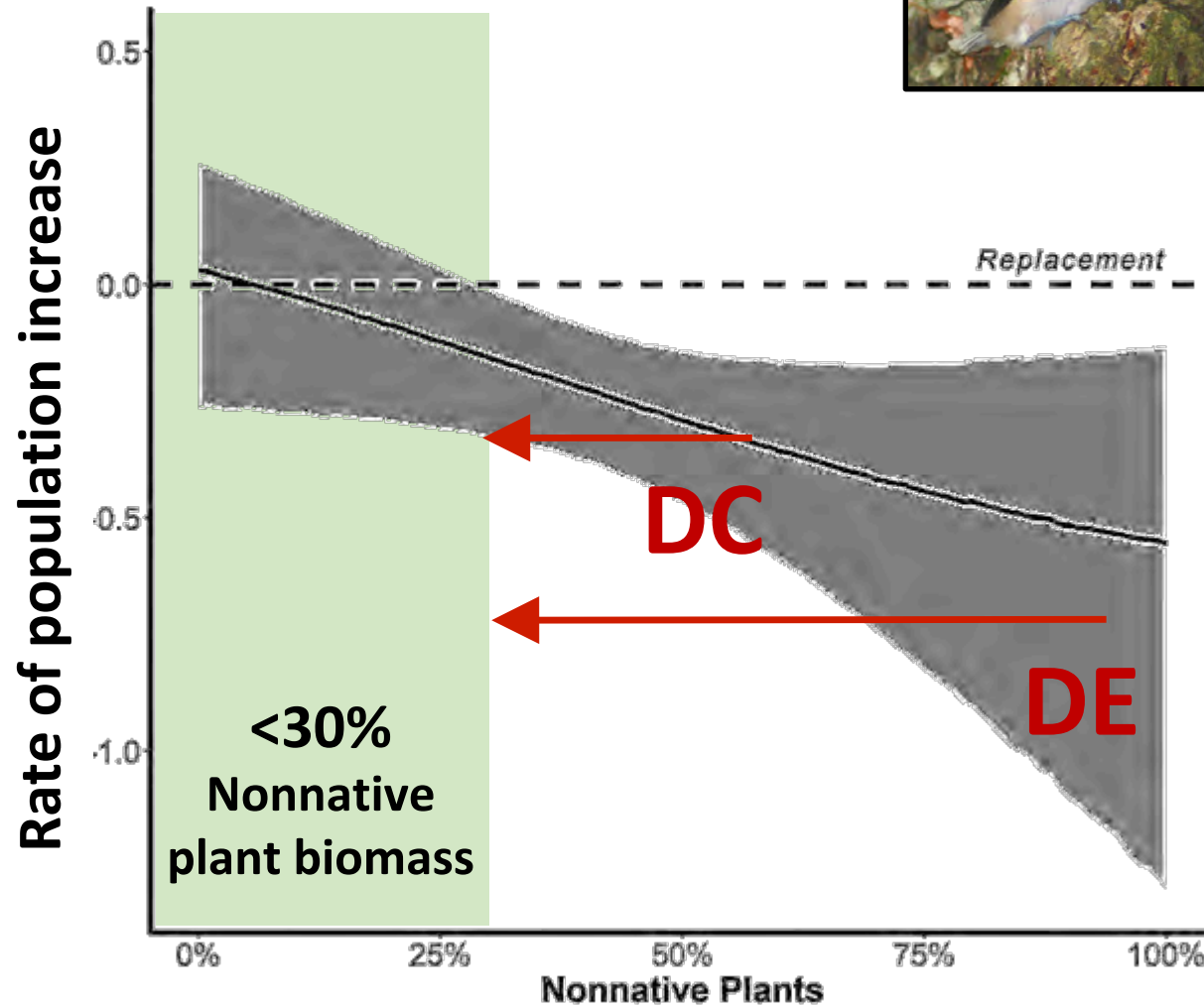
As nonnative plants increase, chickadee population growth declines



As nonnative plants increase, chickadee population growth declines



As nonnative plants increase, chickadee population growth declines



Take Home

Chickadees breeding in yards with nonnative trees:

Low nesting occupancy

Low reproductive success

Overall reduced population growth



Evidence



To support insect and bird biodiversity, homeowners and urban managers should plant and retain native, insect producing tree species

Urban trees
matter!



What else can I do to improve bird habitat?

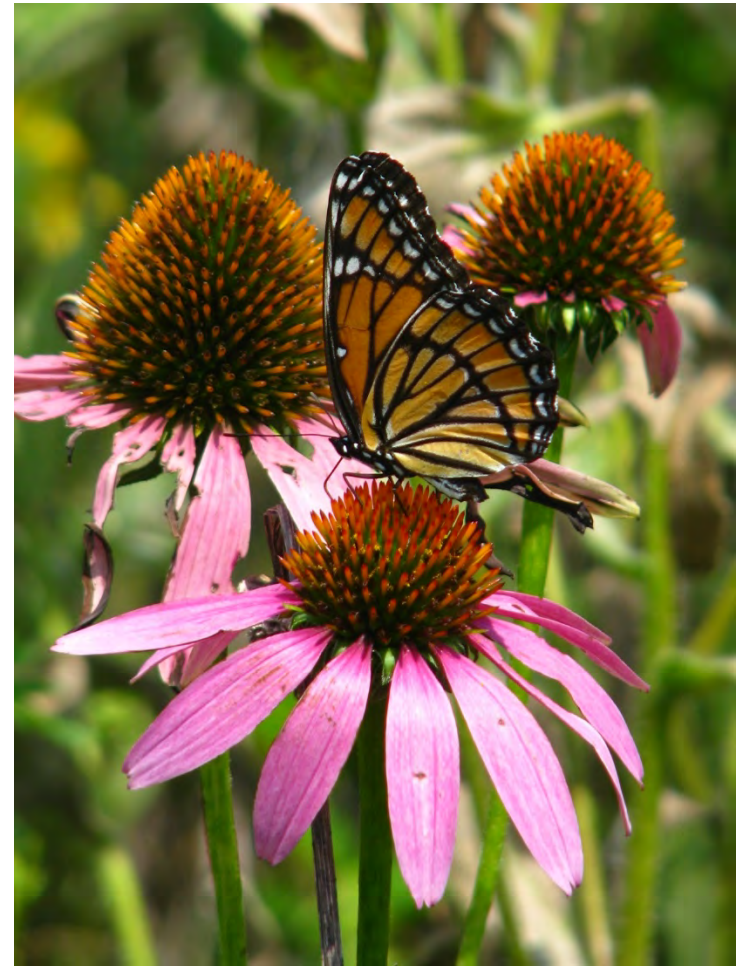
Plant native trees
(and share the info!)



What else can I do to improve bird habitat?

Plant native trees
(and share the info!)

Prioritize ecological
interactions to create
beautiful, functional, habitat



What else can I do to improve bird habitat?

Plant native trees
(and share the info!)

Prioritize ecological
interactions to create
beautiful, functional, habitat

Manage trees and shrubs with
resources in mind



What else can I do to improve bird habitat?

Species/temporal
diversity & structural
complexity is important



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Create habitat for all parts
of the annual cycle



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Create habitat for all parts
of the annual cycle

Restore Connectivity

Image: Habitat Network



Thanks!

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 @DLNarango



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University of Delaware --

Entomology & Wildlife Ecology

Smithsonian Migratory Bird Center



Smithsonian Conservation
Biology Institute



Birds have
diet flexibility





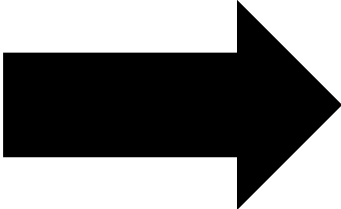
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How do nonnative trees
affect diet and nestlings?



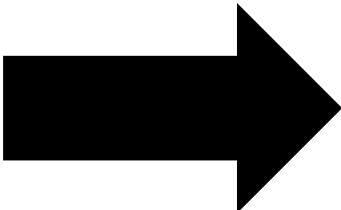
More nonnative plants = More Spiders



**Poor condition
Slow feather growth**



More native plants = More caterpillars



**Good condition
Fast feather growth**





Fewer caterpillars =

less high quality food

More visits =

More work for adults

Less food =

poorer condition
& growth







Do nonnative plants
limit food for
broader consumer
communities?



Do nonnative plants
limit food for
broader consumer
communities?



Methods

Tracking energy by applying ^{15}N enrichment

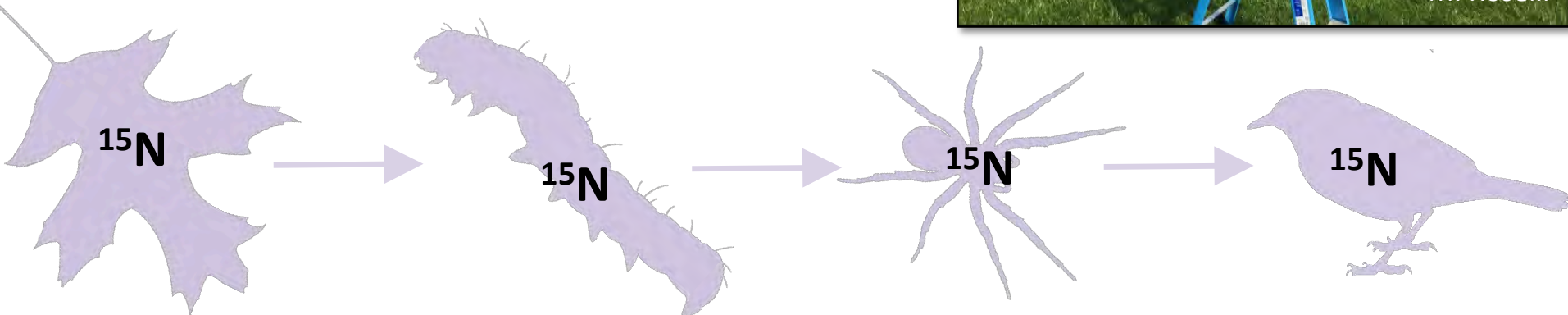
99% ^{15}N Single-labeled
Ammonium Nitrate

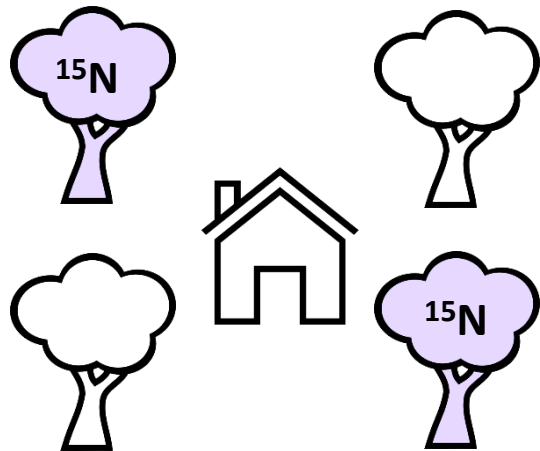


Highly diluted foliar spray

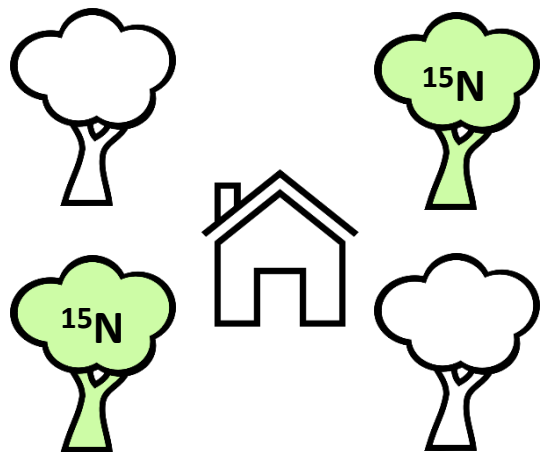


Photo:
M. Roselli





Native plants only



Nonnative plants only



Washington,

D.C. Neighborhood Nestwatch



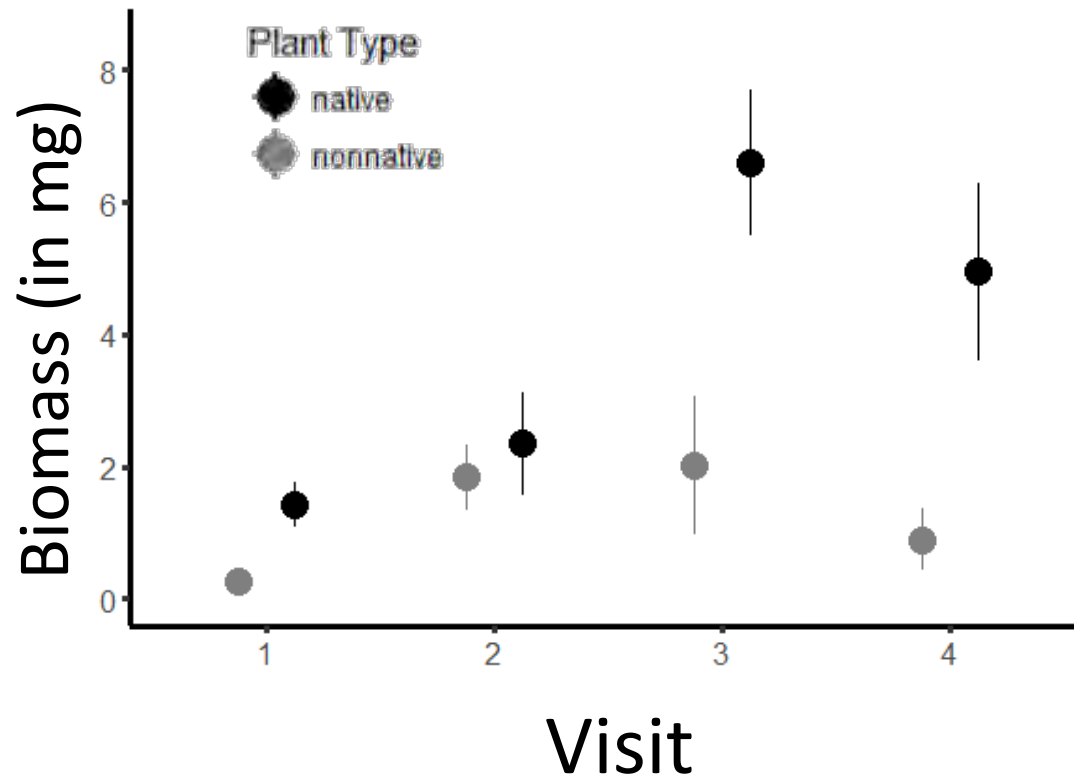
12 Native sites

12 Nonnative sites



Google Earth

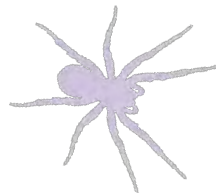
Results – Arthropod Biomass



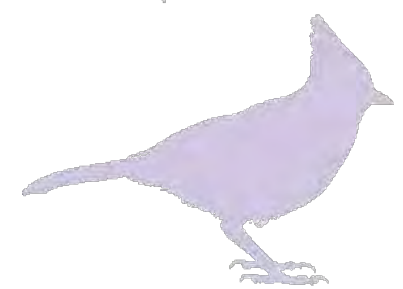
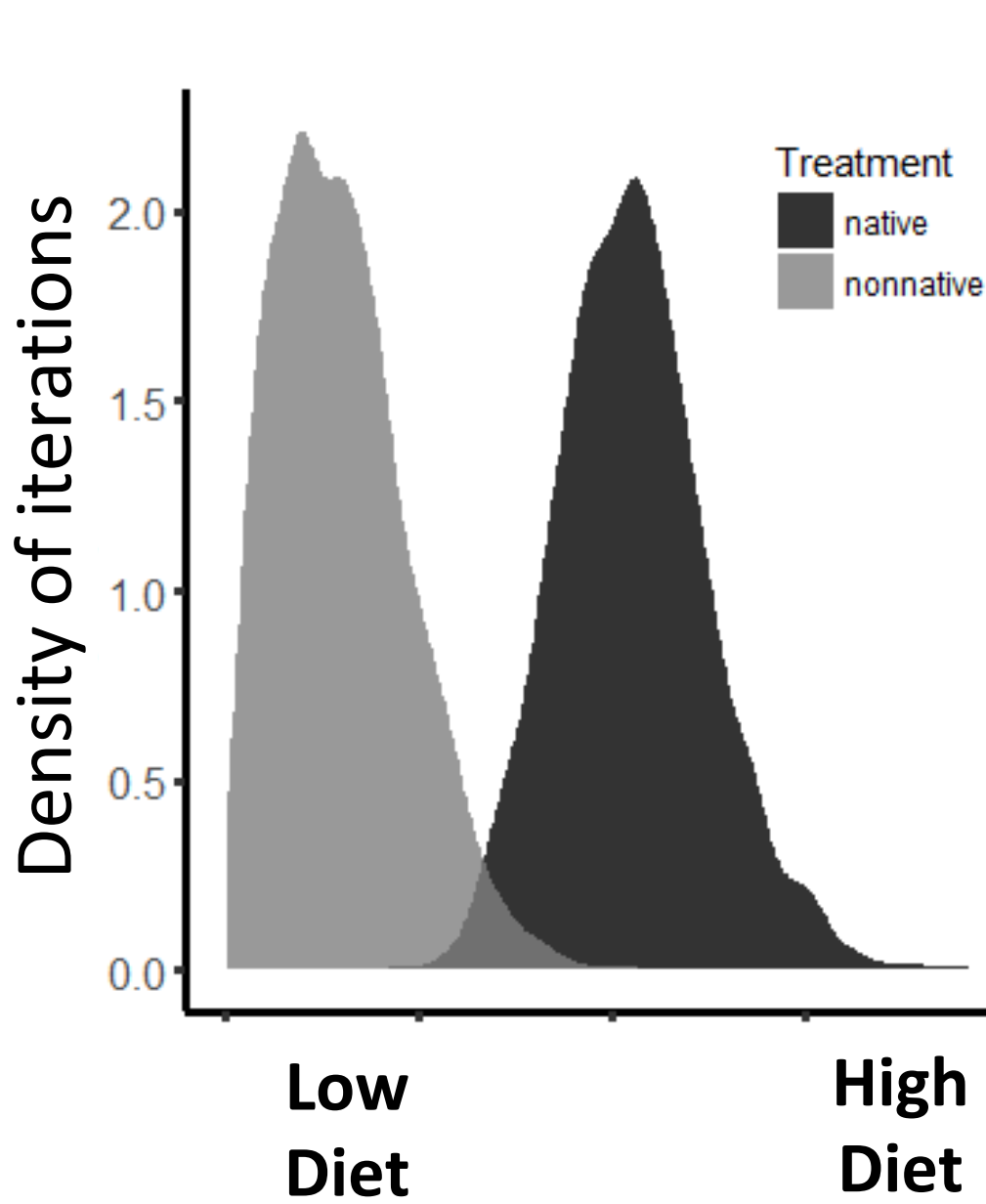
No difference in enrichment

But differences in biomass

**Caterpillars
spiders
total biomass**



Results – Birds



- Carolina Chickadee ✓
- House Wren ✓
- American Robin ✓
- Northern Cardinal ✓
- Song Sparrow ✓
- Gray Catbird ✗

Take Home

No difference in nitrogen enrichment of spiders, but nonnative plants produced less arthropod biomass

Both obligate and facultative insectivorous birds gained more nitrogen from native plants



Take Home

**Nestlings in nonnative yards
get lower quality food and
grow slower**

**Nonnative trees transfer
less nitrogen to food webs**



Do cultivars of native plants have the same ecological value as their parent species?





It depends on the trait that was selected

We looked at six traits

Enhanced fall color

Leaf variegation

Change of growth habit

Disease resistance

Enhanced fruiting

Red or purple leaves



Only red-leaved
cultivars had an effect

(But beware the
impact of clones)